

# **BREAKING** BARRIERS

#### **Recent Events**

• UCP's Staff Day was on August 5th on the UMaine Campus at the Maine Bound Adventure Center. Highlights were the big swing, zip lining, and other team building activities.

• Bridges summer graduation was held on August 26. Face painting, coloring, and cupcake decorating made for a fun time for all the graduates!

• UCP enjoyed having a table at Camp Capella's annual Touch-A-Truck event on September 10.

• UCP had a table at the Bangor Mall on September 17 to celebrate National Recovery Month sponsored by Consumer Council Systems of Maine.

 Staff and residents of ELC enjoyed a beautiful day at Camp Capella on Sepetmeber 21. Executive Director, Dana Mosher even surprised them with a boat tour of the lake!

• On September 24, ELC hosted its annual Fall Frolic. This year's theme was Cowboy BBQ, which featured wild west themed activities and a baked bean bake-off.

• The Darlings Truck stopped by UCP to help raise money for Pumpkins In The Park on September 30.

### **Upcoming Events**

• Food Services Professionals Week - Oct. 2-8

- Case Management & Behavioral Health Home Professionals Week - Oct. 9-15
- Penquis Resource Fair Oct. 20
- Pumpkins In The Park Oct. 23
- Edu Support Professionals Week Nov. 13-19
- Annual Pie Sale Nov. 23

## Pumpkins in the Park still Looking for Volunteers

The 14th annual trick-or-treating event is growing and we need some helping hands. Whether it's assisting with setup, selling tickets, supervising kids in the bounce house, painting faces, keeping traffic flowing, making popcorn, working the photo booth, and so on, Pumpkins in the Park is only possible with the kindness of our volunteers.

This year's event will be held on Sunday, October 23rd from Noon to 5pm at the Anah Shriners 1404 Broadway in Bangor, but your help would be appreciated at any point throughout the day.

If interested and available, please contact Jonathan Smith at 941-2952 ext. 218 to sign up and for more information.

# 14th Annual Pumpkins in the Park to Take Place at New Venue this Year

By Andrew Lohman

On Sunday, October 23, 2016 from Noon to 5pm Beal College presents UCP of Maine's 14th Annual Pumpkins in the Park at the Anah Shriner's building located on 1404 Broadway in Bangor. Jodi Fadrigon, Pumpkins in the Park Chair, recently shared "We listened to feedback from attendees last year and are excited to announce that we are at a new venue this year with much more space and ample parking to accommodate our crowd that continues to grow every year. With the larger space, we will have a defined path that families can take while visiting each pumpkin patch and separate rooms for all other activities, making the flow much more organized and allowing for a much more pleasant experience!"

Pumpkins in the Park is an indoor community Halloween event for the entire family. This year's theme is "Goes to the Movies"; patches and attendees are encouraged to come in a costume that represents their favorite movie or character from a movie. At the event, attendees will enjoy warm and safe trick-or-treating at all of the businesssponsored pumpkin patches, with hundreds of glowing jack o'lanterns carved by area youth and business groups. Along with trick-or-treating, the event features the Anah Shriner clowns, a photo booth, face painting, prizes, bounce house (weather permitting), and much more!

Pumpkins in the Park is a cash only event with admission of \$3.00 per person or \$10.00 per family (same household), children 3 years old and under are free! Presale will-call tickets to avoid ticket lines the day of the event are available by contacting Brenda Wilson-Denning at 941-2952 ext. 308 or stopping by UCP of Maine at 700 Mt. Hope Ave Suite 320. Tickets will also be available at the door the day of the event. All of the proceeds from this event will benefit UCP of Maine in supporting the needs of children and adults with physical and intellectual disabilities in the community.

# Annual Thanksgiving Pie Sale at Airport Mall

By Brenda Wilson-Denning

November is the time of year when things are very hectic due to the holidays, so here is your chance to lighten your hectic schedule. Each year on the day before Thanksgiving, UCP of Maine holds an annual pie sale at 1129 Union Street, Bangor in the Airport Mall. This year the sale will be Wednesday November 23 from 10 am - 1pm. If you are planning on purchasing a pie, we suggest that you come early to get the best selection as in past years, the pies were sold out within the first hour.

The pie sale has been part of our fundraising calendar for many years. Donated pies come from many local restaurants and bakeries, people in our community, as well as many employees and parents of UCP. We have been very fortunate to have the assistance of Deb Perro to help us with coordinating the pies and boxes each year.

If you are interested in donating pies for the sale or have any questions, please contact the front office by calling 941-2952 ext. 200. For more information check out our website and facebook page as we get closer to the big day!



Share your UCP of Maine story: office@ucpofmaine.org

# History of Pumpkins in the Park

By Jodi Fadrigon

The very first Pumpkins in the Park was held at UCP in Evergreen Woods in October of 2002. It was originally a 3 day event. The event continued to be held here at the Woods for a few years. Each year it continued to grow and become more popular making it necessary to move the event to a larger venue.

As we approach our 14th year, the event still continues to grow and draw thousands of Maine families to enjoy a day filled with trick or treating, games, bounce houses and 100's of jack o'lanterns.

Each year at this event, UCP of Maine is able to connect with thousands of Maine families. When you attend this event your generous contribution will be used locally, to provide individuals and families with the programs they need in order to live more productive and fulfilling lives.

By attending UCP of Maine's Pumpkins in the Park, you are impacting thousands of people who otherwise may not have access to the services that truly make a difference in their lives.

UCP of Maine's mission is to advance the independence, productivity and full citizenship of people with disabilities who have multiple needs. This is a great opportunity for the community to partner with us and raise awareness of some very important causes... and have fun in the process!

### FALL BOGGLE

• The letters in the words must be connected in the same order in the grid.

• The letters can be connected by an edge/corner.

• The word doesn't have to appear in a straight line. It can be tangled around.

• Each letter in the word must uniquely appear in the grid. An example, if the word is ERASE, the letter E must appear twice in the grid. The word can't loop back and re-use the same E.

• Words must be at least 3 letters long.

• Words cannot be a proper noun, such as a name or place.

#### Find 8 Fall related words

L	А	F	Ρ
L	R	Р	U
Т	С	K	М
Α	Е	I	0
Т	R	V	Ν

Pumpkin, Park, Treat, Trick, Carve, Movie, Fall

Please consider attending this year's Pumpkins in the Park to help support the important work we do in the community and across the state. Thank you in advance.

If you have any questions about this event please feel free to contact Jodi Fadrigon by email at jodi. fadrigon@ucpofmaine.org or by calling 207-941-2952 ext 323.



SPONSORED BY LOCAL BUSINESSES • PROCEEDS BENEFIT UCP OF MAINE Hundreds of Glowing Jack O'Lanterns

Trick-or-Treating, Clowns, Photo Booth, Face Painting, Prizes, Bounce House (weather permitting) and much more family fun!

Anah Shriners Anah Shriners Anah Shriners

# SUNDAY OCTOBER 23<sup>RD</sup> 2016 NOON - 5PM • \$3.00 PER PERSON

(Cash only • \$10.00 per family • 3 years and under FREE)

UCP<sup>of</sup>Maine

#### UCP of Maine

New venue this year: