

BREAKING BARRIERS

Recent Events

- Sarah Taylor started work as the new Social Services Designee at Elizabeth Levinson Center (ELC) on June 29th.
- UCP of Maine's Elizabeth Levinson Center (ELC) held a yard sale on June 27th, the proceeds of which went to the Resident Benefit Fund.
- UCP of Maine celebrated employees with a BBQ on June 14th.

UCP of Maine *SPOTLIGHT*



Behavioral Health Home

(BHH) is a new model of case management that stems from the integrated care movement.

UCP of Maine began its implementation of this model on April 1, 2014 and has since become a leader in the area.

Upcoming Events

- UCP of Maine will be hosting the 13th Annual Pumpkins in the Park on October 25th at the Cross Insurance Center. Want to Volunteer?! Contact Jodi Fadrigon at (207) 941-2952 x323.
- Our Bridges program will be hosting a graduation for the individuals moving to Kindergarten at the end of August, we wish the graduates the best!
- UCP of Maine employees will be participating in a number of training initiatives in the upcoming months including Motivational Interviewing, Zones of Regulation, Applied Behavior Analysis (ABA), and Nurturing Parenting.

The BHH model is designed to help providers and families see physical and mental health needs as one big picture, and to empower children and families to take charge of their healthcare so they can more fully understand these needs and how to address them.

Case managers (referred to as "Health Home Coordinators" in this program) work closely with the family, child, primary care doctor, and any other providers on the child's treatment team to identify the child and family's needs, and then coordinate the activities of the team to ensure these needs are being met.

A client's BHH team consists of a Health Home Coordinator, a Nurse Care Manager, a Clinical Team Leader, a Family and Youth Support Specialist, and meets regularly with medical and psychiatric consultants.

BHH thrives on a team approach to care and seeks to honor and develop the whole person, mentally and physically, with mind and body as one.

For more information on this program please contact our Behavioral Health Home Director, Sadel Davis at (207) 941-2952 ext 236 or sadel.davis@ucpofmaine.org.



UCP of Maine's Elizabeth Levinson Center staff was pleased to be visited by five members of the 2015 graduating class from Jonesport-Beals High School to make a \$1,000 donation in the memory of former ELC resident and their classmate Elizabeth "Lizzie" Smith. Lizzie would have graduated with their class.

The class held a basket raffle fundraiser for their Senior Class Trip. After expenses they had \$1,000 remaining which they asked to go toward ELC's Children's Activity Fund in memory of Lizzie. While visiting, they had an opportunity to meet and greet ELC staff who worked with Lizzie. Some of the staff remembered the class members who they frequently visited Lizzie, including her cousin, CJ Carver.

In a handwritten note accompanying the wonderful donation:

As president of the Senior Class I am very grateful we were able to make this donation in Lizzie's honor. Elizabeth was a bright light in all of our lives, and we are so fortunate to have known such sunshine. This gift is in honor to the ELC and all you do for bright lights just like our Lizzie. All of our love, Kali E. Alley, Kirby Kellogg, Tristan Alley, Heather Farren, Meagan Alley and CJ Carver

The Elizabeth Levinson Center is home for medically-fragile children and young adults who have intellectual and physical disabilities. Residents benefit from individualized plans promoting independence, community integration, and enrichment programs. Residents range in age from 2-31; eight are age 20 or younger. This center is one of only two of its kind in the greater Bangor area. The residents served at ELC are characterized as having severe disabilities and are admitted to the facility as their disabilities make it impossible for them to live with their families.

Note from Marianne Berube, Director of Human Resources



One of the best things about being involved in UCP of Maine's work is the daily opportunity to work with over 200 of the most compassionate and mission-focused employees one will ever meet.

Every conversation, decision and plan comes from a place of what is in the best long-term interest of UCP clients. The dedication and skills of UCP staff is what drives the organization forward and makes our employees our biggest asset.

Employees have spent the last several months celebrating sixty years by refocusing on our core services and strengthening what we do best, to ensure UCP's long-term success.

Over the next several months, our employees will be involved in many great initiatives that will continue to advance the work we do for our clients, including the transition to a new electronic health record (EHR).

We are excited by the great work our staff does each day and by the unlimited potential they bring to our clients and to UCP of Maine and look forward to a bright future.



Scott Tash receives a grant check to be used to to expand Early Childhood Services. Also pictured are: Danielle Burke and Sven Bartholomew with Bangor Savings Bank



Share your UCP of Maine story:
office@ucpofmaine.org

5 Things You Might Not Know About UCP of Maine

1. In 2015 UCP of Maine will have 17 individuals who have been at UCP of Maine for 10 or more years.
2. UCP of Maine is currently implementing ClaimTrak as our new Electronic Medical Record system. We are working to integrate the use of HealthInfoNet and to streamline and improve client care.
3. This year will mark the 13th annual UCP of Maine's Pumpkins in the Park.
4. UCP of Maine has a very diverse Board of Directors made up of community professionals, local providers and parents.
5. UCP of Maine currently serves five of our 16 counties in Maine – Penobscot, Aroostook, Waldo, Hancock and Piscataquis.

Dear UCP of Maine

Dear UCP of Maine:

I hear about Pumpkins in the Park every year at Halloween, but I've never been to it. What happens there? What would I be doing if I volunteered?

-Trick-or-Treater Anonymous

Dear Trick-or-Treater:

Pumpkins in the Park is an annual event that draws thousands of people to enjoy a warm, safe, community Halloween party for children. It features hundreds of glowing jack-o'-lanterns, two bounce houses, face painting, hayrides, clowns, balloon-tying, portrait photos and trick-or-treating. If you were to volunteer you would be generously donating your time to Pumpkins in the Park which would help to impact thousands of people who otherwise may not have access to the services that truly make a difference in their lives.

-Sincerely, UCP of Maine



Team Bridges from UCP of Maine on the 2015 Walk for Autism

CANCER HOROSCOPE (JUNE 21ST - JULY 22ND)

- Orientated by family you are naturally hardworking, enthusiastic and responsible with a strong sense of duty to society. You are highly observant, analytical and cautious in your approach to life. You are fairly intuitive, imaginative and clever but you can also be prone to occasional crabbiness and often have a slight selfish streak too.

Trivia Question

The cancer zodiac sign is nowadays represented by a crab, how was it represented in early astrology?

Answer: *The Crayfish*

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