

BREAKING BARRIERS

Recent Events

- September 16th, UCP of Maine's Elizabeth Levinson Center (ELC) staff and residents spent a fun-filled day at Camp Capella.
- UCP of Maine's Elizabeth Levinson Center (ELC) held its annual Fall Frolic for residents, staff and families.
- UCP of Maine hosted Ice Cream for a Cause Oct. 5, 2015

Upcoming Events

- Case Management and Behavioral Health Home Professionals Week: October 11-24
- UCP of Maine will be hosting the 13th Annual Pumpkins in the Park on October 25th at the Cross Insurance Center. Want to Volunteer?! Contact Jodi Fadrigon at (207) 941-2952 x323.
- Educational Support Professionals Week: November 15-21
- UCP of Maine employees will be holding its annual Pie Sale at the Airport Mall on Union St in Bangor, Wednesday, November 25 from 10:00AM to 1:00PM or until we run out of pies.

Success at UCP of Maine

As a Behavioral Health Professional (BHP) at UCP of Maine, I work closely with clients and parents, utilize Applied Behavior Analysis (ABA), and focus on the positive successes of clients. While working with one particular parent on a system of positive reinforcement, we began using a bean jar to help the client make progress on his goals. After every successful transition or completion of a daily living skill, he is allowed to fill his hand with beans and empty them into the jar. When the jar is full, the client excitedly explains that he gets to go to the Dinosaur Museum and dig up dino bones, which are his favorite critters to visit at the Maine Discovery Museum. The client talks proudly about his bean jar at school. The bean jar is now over 3/4 full and anticipation is rising. His tantrums have decreased, and his ability to transition successfully and complete his daily living skills just keeps getting better and better!

UCP of Maine *SPOTLIGHT*

UCP of Maine offers **Adult Community Case Management (ACM)** to individuals who are 18 years and older, have a diagnosis of intellectual disability, Pervasive Developmental Disorder (PDD) or Autism Spectrum Disorder and have been deemed eligible for adult services through DHHS. UCP of Maine's ACM's assist adults with gaining access to many services or activities such as education, employment, housing, social opportunities, transportation, respite, financial assistance, comprehensive health care, medication management and in-home services. This work is guided by a Person-Centered Plan (PCP), which highlights personal needs and desires of the client. UCP of Maine's ACM's work very closely with the client, their family and all of their providers to ensure all PCP goals are being addressed and to advocate for client rights.



Referrals and questions in regards to eligibility for Case management or for more information on this program please contact Jared Dolley at (207) 941-2952 ext 333 or jared.dolley@ucpofmaine.org.

5 Things You Might Not Know About UCP of Maine's Bridges Program

1. UCP of Maine has an early childhood education program called Bridges which serves children ages 2 1/2 to school year age 6. We prepare our students to mainstream into public Kindergartens. We have served children from as far away as Mt. Desert Island, Millinocket, Dexter and Newport.
2. The Bridges Program at UCP of Maine is comprised of four classrooms at two locations. Our Brewer location has two classrooms and there are two classrooms at our Bangor location. There is one lead teacher and one assistant teacher per classroom.
3. We have anywhere from 25 – 50 children in the Bridges program, both part time and full time. Our hours of operation are: Monday through Friday with hours ranging between 7:30 a.m. and 4 p.m.
4. We serve all children, those who are typically developing and those with special needs. We offer one on one staffing, as needed.
5. Transportation needs to and from the Bridges Program can be met through outside agencies such as KV CAP, Lynx, Logisticare, or taxi service.



UCP of Maine's BHP's receiving additional training on Zones of Regulations

**Note from Andrea Richards,
Director of Early Childhood Services**



The trait that most UCP of Maine employees have in common? Passion. Across departments, the focus is helping clients and their families. This passion is seen in a variety of ways, from direct care

employees putting energy into their work, to supervisors ensuring quality training opportunities are available, to members of support services providing help to the various agency programs.

Passionate employees work hard, celebrate client success, and come to work every day to help make the world a little bit better. And honestly, UCP of Maine clients make it easy to be passionate! They're learning to read, they're saying "I love you" to their parents for the first time, they're getting along with their parents, they're making honor roll, they're mastering toilet training - no matter the challenges they face, we see UCP of Maine clients making great strides all the time.

Dear UCP of Maine

Dear UCP of Maine:

I really enjoyed working with my family's UCP of Maine's Behavioral Health Professional (BHP), but when I tried to give her a gift, she wouldn't accept it. What's the deal?

-Grateful but Confused

Dear Grateful but Confused:

Many of our providers are unable to accept personal gifts because of the boundaries between service providers and families. We always appreciate the kind thoughts of people who want to thank us. If you and your child want to give your BHP something, a handmade picture or card might be nice. If you are interested in donating something to the agency, some of our programs would love to have games, toys, or books to use with future clients. No matter what your decision about how you show your appreciation, the important thing to us is that we're glad we could help your family!

-Sincerely, UCP of Maine



Community Halloween Party!

Sponsored by local businesses. Proceeds benefit UCP of Maine.

**13th Annual
Pumpkins in
the Park
at The Cross Insurance Center**



**You can learn more about UCP of Maine at
www.ucpofmaine.org**



Share your UCP of Maine story:
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