



Zones of Regulation

Lesson 18: Celebrating My Use of Tools

GOALS

- o Clients celebrate their achievements in using tools to regulate out of unexpected zones
- o Clients are positively reinforced for their use of tools and gains in regulation
- o Clients generalize their use of tools across environments

MATERIALS NEEDED

- o Tool Awards!
(Reproducible HH)
- o One Zones License
- o Camera and equipment
for printing (optional)

PREPARATION

- Prepare Tool Awards! – one for the client and copies to give to parents and/or family members who work closely with the client
- Print one Zones License for the client
- Take and print a photo to be used on the Zones License (drawing their picture is an option).

LEAD-IN

- o Review the goals of the lesson with the client
- o Ask the client
 - *Where should you be using your zones tools?*
 - *How does it feel when you use a tool all by yourself?*

ACTIVITY

1. Instruct the client that they need to be using tools everywhere and will be receiving a Tool Award! When they attempt to use a tool to get to a more expected zone, even if an adult helped to remind them.
 - Once they have collected a predetermined amount, they will then earn their Zones License. Consider where the client is at for a baseline in using tools and set an amount that you feel will be a challenge but within the client's reach. Criteria options could also include with or without prompting.

ACTIVITY continued

- Refer to Lesson 16: Tracking My Tools if you feel you need more immediate reinforcements for a client as that can be used as a reinforcement schedule with fewer tools needed to receive the reward.
- The Zones License symbolizes that they have gained a significant amount of control and are using their tools more independently to regulate their zones.

ACTIVITY continued

2. Distribute awards to the client when you see them use a tool or when they report to you that they did. Make sure to collect Tool Awards! from clients that they received from others.
3. When a client earns the determined amount of awards to receive their license, make a celebration out of it. Paste the client's picture onto the license or have the client draw in his or her picture.

ADDITIONAL ACTIVITIES TO BUILD ON ZONES

- o Generalize learning
 - o Pass out Tool Awards! To other members on the client's team so the use of tools can be reinforced across environments.
 - o Use this lesson in conjunction with Lesson 16: Tracking My Tools.