Bonny Dodson, LCSW
Director of Clinical Services

UCP of Maine’s Outpatient Mental Health Services program is excited to announce that it is collaborating with RSU 87 Carmel and Levant for school based outpatient mental health services to students. Children and families sometimes experience barriers accessing mental health services such as transportation and waiting list. This school based collaboration will help improve the accessibility to services. The goal is to be able to address issues such as depression, ADHD, trauma, and behavioral issues that not only impact school performance but quality of life.

Outpatient Therapy is available to children seeking individual or family therapy services in a respectful, safe and supportive environment. We want to work with clients to understand their goals and help them develop plans and skills to achieve their goals that utilize their strengths. Our clinicians provide a broad spectrum of quality, evidence-based care serving clients birth to seniors. Therapy services can help resolve life stressors such as relationship issues, grief and loss, the effects of trauma, problems at home, school or work, behavioral problems, anxiety, depression, attachment, anger issues, and other mental health challenges.

UCP of Maine is currently accepting referrals for this effort, if interested or for more information contact Candy Devlin, Principal for Carmel Elementary; Lorri Day, Principal for Suzanne M Smith Elementary, or Amanda Smart-Davis, Guidance Counselor for Caravel Middle School, or Jared Dolley, Quality Assurance and Intake Manager for UCP of Maine, at 207-941-2952 ext. 333 or jared.dolley@ucpofmaine.org.

Recent Events

• UCP’s 16th annual Pumpkins In The Park was our best fundraiser to date that drew thousands of attendants and raised a little over $11,000!
• On Halloween, Bridges students trick-or-treated in our main office at 700 Mt. Hope Ave.
• UCP’s Annual Pie Sale was a huge success. We had over 170 pies and raised just over $1,500!
• ELC staff, residents and their families gathered for the annual Holiday Party on December 2nd, featuring crafts, games, door prizes and a meal!
• The Top Hat Dancers put on a fantastic performance in ELC’s central living room on December 15th, and then passed out holiday gifts for all of the residents.
• Management Staff hosted Pancake Breakfasts for staff in our main office and ELC during the holiday season.
• UCP’s annual Holiday Door Decorating contest was held in December with amazing staff participation of 34 different doors.

Upcoming Events

• BHP Week: January 13-19
• Camp Capella’s Polar Dip: February 24
• Human Resources Week: March 10-16
• Long Term Care Week: March 10-16

Elizabeth Levinson Center Updates Facility

Andrew Cassidy
Director of Long Term Care

This past fall the Elizabeth Levinson Center had several facility updates, including repaving the front parking lot, new refrigeration in the kitchen, and a new generator installed to power the entire facility if needed. We are very excited with all the new updates and hope it will make our facility more attractive to perspective residents, make our processes smoother and more efficient, and that our current residents will enjoy the benefits of the improvements.

The Elizabeth Levinson Center is UCP of Maine’s 14 bed Intermediate Care Facility (ICF-IID) providing long-term residential care for the medically fragile children and young adults with significant cognitive and medical needs. The centers primary purpose is evaluation and treatment for children with severe and profound intellectual disabilities and multiple medical disabilities. Individuals receive 24-hour support services by direct care, counseling, and medical professionals. Residents attend school, community activities and local events to the fullest extent possible according to their individual needs and abilities.

School Based Outpatient Services Offered at RSU 87 Carmel & Levant

Bonny Dodson, LCSW
Director of Clinical Services

Share your UCP of Maine story: office@ucpofmaine.org
Andrew Lohman  
Marketing & Community Relations Coordinator

Pumpkins in the Park
Every year our biggest annual fundraiser is Pumpkins in the Park. This year’s event sponsor, Van Syckle Kia, presented our 16th annual one at the Anah Shrine in Bangor on Sunday, October 21st from Noon to 5pm. As each year passes, we try to improve and make the event more enjoyable for everyone. This year we opened the doors an hour early, at 11:00am, with a sensory friendly environment until Noon for individuals in the community we serve who wanted to attend. During that time, we had low music playing and the lights on.

We put a theme to the event to help all of the business-sponsored patches create their booths. This year’s theme was “Heroes Unite”; patches and attendees were encouraged to come in a costume that represents their favorite superhero, movie, comic, or local hero. At the event, attendees enjoyed warm and safe trick-or-treating at all of the business-sponsored pumpkin patches, with hundreds of glowing jack o’lanterns carved by area youth and business groups. Along with trick-or-treating, the event featured the Anah Shriner clowns, a photo booth, face painting, games, prizes, and much more. All proceeds went directly back into UCP of Maine programs!

This year we had the most amount of patches we have ever had with 23 different local businesses and non-profits. Along with the patches, we thank the many volunteers from UCP along with volunteers from Hermon Key Club, Husson Student Athlete’s, and UMO student volunteers. Between all our sponsors and the funds made at the door and concession stand we were able to raise just under $11,000, the most the event has ever brought in!

Annual Thanksgiving Pie Sale
The second biggest fundraiser we do throughout the year is our Annual Thanksgiving Pie Sale. Each year the sale is held on the day before Thanksgiving from 10am to 1pm at the Airport Mall off Union Street in Bangor. This year we had the most amount of pies we have ever had with over 170 donated from staff here at UCP, the help of Deb Perro from Eastern Maine Community College and her team of bakers, students in the culinary programs from the United Technology Center and Penobscot Job Corps, as well as a few from Frank’s Bakery and Governor’s Restaurant in Bangor. An extra special thank you goes out to our Assistant Director of Human Resources, Stan Small who made 12 pies, Director of Behavioral Health Home and Case Management Services, Sadel Davis and her family who made 19 pies, and Director of Clinical Services, Bonny Dodson who made 16 pies and 4 breads!

With the pies being donated along with the boxes from Dennis Paper and the Airport Mall donating the space, all the funds generated at the pie sale go directly into UCP of Maine programs. This year we raised a little over $1,500!

The most rewarding aspect of any fundraiser we do is how the community comes together to support our organization. FOX ABC Bangor and WABI had us on their morning shows a few days leading up to the pie sale to be able to promote it and let the community know what they would be supporting by purchasing a pie. This gives us a wonderful opportunity to talk about our services and help make the community aware of what we do.

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UCP of Maine
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NOW HIRING!
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Behavioral Health Clinician
Opportunity for Licensed Social Workers and Licensed Counselors
(Conditional license accepted)

We are looking for a qualified candidate to join our experienced team of clinicians to provide home and community based therapy for children and their families.

$500 Sign-on Bonus!
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Applications are available online at www.ucpofmaine.org
UCP of Maine Human Resources, 700 Mount Hope, Ste 320, Bangor ME 04401
FAX: 207-941-2955 or brooke.bowden@ucpofmaine.org


FIND LITTLE AL!
Since Al Sowa is such a familiar face around UCP of Maine, we have this fun little game called: "Find Little Al" See if you can find him!