

BREAKING BARRIERS

Recent Events

• Adult Residential clients and staff got together for Super Bowl LIII and were very happy with this year's winner the New England Patriots!

• ELC residents and staff celebrated Valentine's Day with a dance in their party room!

• On March 1st our RCS and HCT departments held an indoor Winter Beach Party for staff to help cope with all this cold weather!

• On March 29th our Management Team had a fantastic time at the Challenger Learning Center of Maine with The Holloway Group, LLC doing an Accountability and Feedback Training.

Upcoming Events

• Autism Awareness Month: April

- UCP of Maine's Annual Spring Dance: April 12
- Administrative Professionals Week: April 21 27
- ELC Spring Fling: April 27
- 17th Annual Walk for Autism: April 28
- Mental Health Awarenss Month: May
- Bangor Savings Bank PB&J Drive: May
- Teacher Apprecation Week: May 6 12
- Nurse's Week: May 6 12
- ELC Yard Sale: May 18
- Speech Pathologist Week: May 13 19
- Financial Professionals Week: May 20 26
- Certified Nursing Assistant Week: June 10 17

• Active Treatment Professionals Week: June 17 - 23

FIND LITTLE AL!

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Since AI Sowa is such a familiar face around UCP of Maine, we have this fun little game called: "Find Little AI" See if you can find him!

UCP of Maine to Host Annual Spring Dance for the Adults Services Community

On Friday, April 12, 2019 from 7pm to 9pm UCP of Maine's Board of Directors presents UCP of Maine's Annual Spring Dance at the William S. Cohen School located on 304 Garland Street in Bangor. Andrew Lohman, Marketing and Community Relations Manager for UCP of Maine, recently shared "UCP of Maine invites all adults living with physical and intellectual disabilities, in the community and at our partner agencies, to come out and enjoy a wonderful evening at our annual Spring Dance. The event is free to attend though we are asking for a \$2.00 donation to help cover our costs. At the event, attendees will enjoy dancing and music from DJ Jeff Bosse, free refreshments, door prizes and much more!"

For any questions or comments regarding the dance please contact Brenda Wilson-Denning at 941-2952 ext. 308 or at brenda.wilson-denning@ucpofmaine.org. All of the proceeds from this event will benefit UCP of Maine in supporting the needs of children and adults with physical and intellectual disabilities in our community.



UCP of Maine's Elizabeth Levinson Center to Hold Biannual Yard Sale

On Saturday, May 18, 2019 from 8am to 2pm UCP of Maine's Elizabeth Levinson Center will hold its biannual yard sale at 159 Hogan Road

in Bangor. Andrew Cassidy, Director of Long Term Care Services for UCP of Maine and administrator for the Elizabeth Levinson Center, recently shared "We are looking very forward to our biannual yard sale. If any member of the community has any items they would like to donate, you may drop them off at the Elizabeth Levinson Center or contact Andrew Cassidy or Bill Vegiard at 207-992-0600 or by email at andrew.cassidy@ucpofmaine. org or bill.vegiard@ucpofmaine.

org, please no televisions or computers. Along with the yard sale we will also be doing a bake sale at the same time. All of the proceeds from this event will benefit UCP of Maine's Elizabeth Levinson Center resident benefit fund.

The Elizabeth Levinson Center is a 14 bed Intermediate Care Facility (ICF-IID) providing long-term residential care for the medically fragile children and young adults with significant cognitive and medical needs. The center's primary purpose is evaluation and treatment for children with severe and profound intellectual disabilities and multiple medical disabilities. Individuals receive 24-hour support services by direct care, counseling, and medical professionals. Residents attend

school, community activities and local events to the fullest extent possible according to their individual needs and abilities.

Share your UCP of Maine story: office@ucpofmaine.org

UCP of Maine Expands Further at Penn Plaza Location

UCP of Maine has expanded offices at the Penn Plaza location in Bangor to accommodate the growth in services offered. Penn Plaza houses UCP's Home and Community Based Treatment services (HCT), Rehabilitative Support Services (RCS), and Outpatient Mental Health Services. UCP's Early Childhood Education, Case Management Services, and administration remain in the main office location at 700 Mount Hope Avenue, Suite 320 in Bangor. With the expansion, UCP's Home and Community Support Services (HCT) is currently seeking a Licensed Social Worker and/or Licensed Counselor to work with some of the best clinicians in the area, providing services to clients in the Penobscot, Piscataguis, and Hancock counties. Bonny Dodson, Director of Clinical Services for UCP of Maine recently shared "There is a State wide shortage of Clinicians making it an in-demand career choice. Currently there are 372 children on the waitlist in the state of Maine, with 72 of them being in Penobscot County alone." For more information visit ucpofmaine.org or contact Amanda Conners at amanda.conners@ ucpofmaine.org or 207-941-2952 x203.

HCT is a short term, intensive service for children and young adults birth to 21 years' old who have a mental health diagnosis. Clinicians typically provide 3-4 hours of services a week and BHPs typically provide 8-12 hours/week for 6-9 months. The level of service is individualized and determined by clinical need and availability of the client and family, as well as staffing availability. HCT staff provide a combination of individual counseling, family therapy,

Recent Happenings







and parent education/support to improve family relationships and communication, improve the child/young adults functioning at home, school and community, increase stability of their placement, increase social skills and emotional well-being. We will work with the parent(s)/caregiver(s) to assess the needs, develop an individualized treatment plan and implement strategies to accomplish the desired goals. We have found that the more the caregiver/ parents are involved in the service, the better the outcomes for clients as it provides continuity and reinforcement of skill acquisition.



\$2.00 Suggested Donation

All funds raised at this event go directly to UCP of Maine programs supporting local children and adults living with disabilities.



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