



**Commitment to Reduce Wasteful Spending of Healthcare Resources**

Date of Origin: 6/4/18  
Modification Date(s): 6/14/18  
Date of Last Review: 9/14/21

**I. Purpose**

To outline the Behavioral Health Home Organizations (BHHO) commitment to reduce waste, unnecessary healthcare spending and improve cost-effective use of healthcare services for our members.

Aligns with Regulation: MaineCare Benefits Manual Section 92 Behavioral Health Homes (92.02/page8, Number 9)

**II. Policy**


The BHHO has processes in place to reduce wasteful spending of healthcare resources and improving the cost-effective use of healthcare services, as evidenced by at least one initiative listed below:

- Reducing avoidable hospitalizations
- Reducing avoidable Emergency Department (ED) visits
- Working with specialists to develop new models of specialty consultation that improve member experience and quality of care, while reducing unnecessary use of services
- Directing referrals to specialists who consistently demonstrate high quality and cost efficient use of resources.

**III. Procedure**

1. The Nurse Care Manager (NCM) utilizes the Value-Based Purchasing Management System (VBPMS) and HealthInfoNet (HIN) to identify and monitor clients for avoidable hospitalizations and ED visits.
2. NCM works with the appropriate HHC to analyze avoidable ED visits and/or avoidable hospitalizations looking for possible patterns and triggers.
3. HHC and NCM work with identified client to discuss what resources are needed to decrease avoidable hospitalizations and/or ED visits.
4. The PCP for the client as well as our Medical and Psychiatric consultants are utilized as resources when necessary.
5. HHC and NCM monitors client progress toward reducing avoidable hospitalization and/or ED visits by utilizing the VBPMS and HIN.

  
\_\_\_\_\_  
Scott Tash, CEO

  
\_\_\_\_\_  
Date