



BHH Health Promotional Services

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I. Purpose

Emphasize self-management of physical and behavioral health conditions to assist the client and family/guardian in the implementation of the Plan of Care.

Aligns with Regulation: MaineCare Benefits Manual Section 92 Behavioral Home Services (92.05-3/page 17, letter A)

II. Policy

The Behavioral Health Home (BHH) provides health promotion services that emphasize self-management of physical and behavioral conditions to assist clients and family/guardians in the implementation of the Plan of Care utilizing the following:

- Providing access to education, information, training and assistance to clients and family/guardians in developing self-monitoring and self-advocacy skills.
- Promote healthy lifestyle and wellness strategies, including but not limited to: substance use prevention, smoking prevention and cessation, nutritional counseling, obesity reduction and prevention, and increasing physical activities.
- Provide access to training for client's parent/guardian in regard to behavioral management and guidance on at-risk behavior.

III. Procedure

The Health Home Coordinator will work with each client and family/guardian to identify the appropriate health promotion needs and services listed above that will assist the client and family/guardian in the implementation of the Plan of Care.



Scott Tash, CEO



Date