



## Restraint & Seclusion Policy

Date of Origin: *January 14, 2020*

Modification Date(s):

Date of Last Review: *5/14/24*

### **I. Purpose**

To outline expectations related to managing behavioral challenges with clients and employee use of restraints.

### **II. Policy**

The agency works to ensure an individual's rights of privacy, dignity, and respect and freedom from coercion and restraint as per 42 CFR 441.301(c)(4)(iii). The agency will adhere to the State of Maine Rights of Recipients of Mental Health Services Part B Section VII regarding Freedom from Unnecessary Seclusion and Restraint, as well as Title 34-B Behavioral and Development Services Chapter 5, 42 CFR 483.42, Maine Department of Education Chapter 33 and LD 1373, for applicable programs. **Seclusion practices are never used as part of the agency's work with clients.**

All programs, other than the Elizabeth Levinson Center, use the Safety-Care Behavioral Safety program to provide staff skills and competencies necessary to effectively prevent, minimize, and manage behavioral challenges with dignity, safety and the possibility of change.

Clients/Guardians must sign the Safety-Care Treatment Consent Form indicating their agreement or declination of safety care restraints or physical interventions in times of crisis.

If Safety-Care techniques are used when working with a client, the employee must complete the Incident Accident Report and indicate restraints used. The employee should also follow up with a Safety-Care trainer to formally discuss the incident.

If an injury requiring professional medical treatment results from the use of any Safety-Care physical skill, the QBS Safety-Care Injury Reporting Form must be completed and submitted to a Safety-Care trainer in the organization. Employees will follow the reporting protocol for employee Incidents/Accidents for any employee injury per Section 37. Incidents/Accidents in the Personnel Policy Manual.

  
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Scott Tash, CEO

*5/20/24*  
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Date